

General Athletics Informational

Participation Requirements:

*** Submit all forms, including participation fee, by Friday 8/7/20 (submit Physical directly to Nurse Gorman)**

**Physical - Date must be good for the entire season:
(Football Dec 11th and everyone else Nov 21st 2020)**

- **Must be filled out completely, front and back**
- **Must have all signatures**
- **Must be stamped by the doctor**
- **The Nurse has 48 hours to clear each Athlete, so get your paperwork in early!**

PowerSchool:

- **Code of conduct/parent permission form**
- **Substance Policy Form**
- **CIAC Concussion Head Injury Consent Form**
- **CIAC Sudden Cardiac Arrest Plan Consent Form • Demographics Data (multiple tabs)**

Participation Fee:

There is a \$65 participation fee per athlete, per season, with a \$260 family cap per school year.

Make Checks payable to Joel Barlow HS

ALL FORMS MUST BE CHECKED OFF IN POWERSCHOOL BY STUDENT AND PARENT. Starting June 15th (not before) Through July 14th.

***Please do not wait until the last minute to do**

this, especially Football.

Code of Conduct:

Athletics is a privilege not a right. Your actions while participating in sports as well as outside of sports must be appropriate. The Athletic Code of Conduct form must be filled out before an athlete can participate in athletics.

CIAC Eligibility:

Everything you need to know can be found at casciac.org.

Tardy/Early dismissal Policies:

You must be in school before 7:30 or you cannot practice or play. Unexcused early dismissals will also result with a dismissal from practice or game.

Academic Standards:

You must be passing at least **FOUR** classes to be eligible to participate in athletics.

Travel Guidelines:

Coaches prefer that athletes travel on the bus as a team. In the event that alternate transportation is necessary, a travel waiver **MUST** be turned into the athletic department at least 24 hours in advance.

*** The travel waiver is available on line, in PowerSchool and in athletics.**

Proper Channels of Communication:

Meet with coach **first**. Athletes and parents are encouraged to speak with their coaches first. Advocate for themselves.

If after meeting with the coach, you are still not satisfied then we could work together to rectify the situation.

Please do not confront a coach before or after a contest or practice.

Practice and Game schedule:

Practice and game schedules can be accessed on **Barlow Website, Click on Athletic or School Calendar link.** Game cancellation information is

available through calling Barlow's event cancellation hotline and on the Barlow website. Please do not call the front desk regarding game cancellations or schedules. **Instagram @jbhsathletics**

Ejection Rules:

After **one** ejection the athlete will miss the next competition and they must meet with the Athletic Administrator as well as the principal before they can compete again.

After a **second** ejection, the athlete will not be able to play for the remainder of that season.

Role of Trainer:

A trainer will be on site every day.

ALL injuries **Must** be reported to the trainer immediately.

The trainer is only responsible for providing care to athletes that are in season.

We are currently using a precautionary system called IMPACT to get a base line on all our athletes before any head injuries have taken place so that the trainer will know the severity of the head injury when it happens.

REMEMBER:

You represent JBHS.

We are all in this together! Please always follow athletic policies and procedures, be supportive and make sure to get your paperwork in early!