

JBHS Summer Athletic Mailing
May 2010

FORMS REQUIRED FOR ATHLETIC PARTICIPATION...

1. Physical Form

9, 11, and 12 graders – submit yellow form (yellow form is enclosed for 9, 11, and 12 graders ONLY)***

10 graders must submit BLUE state-mandated “Health Assessment Record” (required for all 10 graders by law - this form will be included in the JBHS mailing from Administration)

2. Emergency Medical Authorization and Student Data Form (this form will be included in the JBHS mailing from Administration and is required for all JBHS students. It is NOT available from the Athletics Office)

3. Athletic Code of Conduct (included in this mailing)

4. Permission to Participate (included in this mailing)

***There has been a change in CIAC physical assessment requirements that allows physical assessments to be valid for 13 months. In order to accommodate the recent concerns expressed by physicians and insurance companies, we will now accept student athlete physicals for 13 months after the verified exam date.

The school nurse and principal are required to verify compliance with CIAC’s eligibility and physical assessment requirements at the beginning of each season.

IF YOUR ATHLETE’S PHYSICAL EXPIRES
DURING HIS OR HER SEASON, EVEN IF IT
HASN’T YET BEEN 13 MONTHS,
IT WILL NOT BE ACCEPTED
TO START THE SEASON –
NO EXCEPTIONS.

The following dates reflect CIAC's seasonal limitations for the 2010-2011 school year.

FALL 2010:

Football: August 18, 2010 - December 4, 2010

All other Fall sports: August 28, 2010 – November 20, 2010

WINTER 2010-2011:

Girls Basketball: November 22, 2010 – March 12, 2011

All other Winter sports: November 29, 2010 – March 19, 2011

SPRING 2011:

Baseball: March 14, 2011 – June 11, 2011

All other Spring sports: March 21, 2011 – June 14, 2011

This rule does not pertain to the State mandated required health assessment for sophomores to be eligible to return to school their junior year. Please contact Mrs. Pin or Mrs. Gorman with questions related to sophomore physicals.

IF YOUR STUDENT WISHES TO TRY-OUT FOR A TEAM...

1. Forms must be in the hands of Mrs. Gorman, the school nurse, by **Monday August 9, 2010 at 2:30pm.**
2. **NO STUDENT MAY TRY OUT WITHOUT ALL FOUR FORMS CLEARED AND ON FILE WITH MRS. GORMAN** (see forms listed above). After August 10, 48 hours will be required for processing from the time of submission of forms before the athlete may actually participate.
3. **Physicals will be valid for 13 months from the exam date. Physicals WILL NOT be accepted if they expire during the season in which the athlete's sport is being played.**

IMPORTANT DATES for FALL 2010 has information you will need regarding your athlete's first practice/try-out (included in this mailing).

Joel Barlow High School

Important Dates for Fall 2010 Athletes

Monday, June 28, 2010 ~ Weight lifting and conditioning begins for Football. Sessions will be held every Monday, Wednesday, and Friday from 5:30-8:00 PM in the Fitness Center.

Football ~ Wednesday, August 18, 2010 ~ conditioning begins. Meet at flagpole 5:30-8:30 PM
Coach Tynan 938.2508 X 1570

Cheerleading ~ Monday, August 2, 2010 ~ first practice. Meet behind school on patio 3:30-5:30 PM
Coach DeSalva

Boys' Cross Country ~ Monday, August 30, 2010 ~ first practice. Meet at flagpole 9:00 AM
Coach Bielizna

Girls' Cross Country ~ Monday, August 30, 2010 ~ first practice. Meet in fitness center 9:00 AM
Coach Spinner

Field Hockey ~ Saturday, August 28, 2010 ~ first tryout/practice. Meet at Stadium ~ Time TBD
Coach Profenno

Boys' Varsity Soccer ~ Monday, August 30, 2010 ~ first tryout/practice. Meet at Stadium 9:30-11:30 AM, 1:30-4:30 PM. Must attend both sessions. Coach Winstanley

Boys' JV Soccer ~ Wednesday, September 1, 2010 ~ first tryout/practice. Meet at Stadium at 2:30 PM. This session is intended for incoming freshmen. Coach Robinson

Girls' Soccer ~ Saturday, August 28, 2010 ~ first tryout/practice. Meet at Stadium 9:00-11:30am.
Coach Phillips

Girls' Swim ~ Saturday, August 28, 2010 ~ first tryout/practice. Meet in Room E104 at 9:00 AM.
Coach Earle

Girls' Volleyball ~ Saturday, August 28, 2010 ~ first tryout/practice. Juniors and Seniors meet in Lower Gym Saturday 9:00AM-12:00PM and 1:00-4:00PM. Freshmen and Sophomores meet Saturday, 1:00-4:00PM and 5:00-7:00PM. Must attend both sessions. Coach Antal 938.2508 X 1130

The duration of tryouts, unless specified, depends upon the number of students attempting to make the team. Please have your child check with his/her coach for future tryout information, practice times, and locations on the first day of practice.