

FORMS REQUIRED FOR ATHLETIC PARTICIPATION...

1. Physical Form

9, 11, and 12 graders – submit yellow form (yellow form is for 9, 11, and 12 graders ONLY)***

10 graders must submit BLUE state-mandated “Health Assessment Record” (required for all 10 graders by law - this form will be included in a separate JBHS mailing.)

2. Emergency Medical Authorization and Student Data Form (this form will be included in the JBHS mailing from Administration and is required for all JBHS students. **It is NOT available from the Athletics Office.**)

3. Athletic Code of Conduct

4. Permission to Participate

*****There has been a change in CIAC physical assessment requirements that allows physical assessments to be valid for 13 months. In order to accommodate the recent concerns expressed by physicians and insurance companies, we will now accept student athlete physicals for 13 months after the verified exam date.**

The school nurse and principal are required to verify compliance with CIAC’s eligibility and physical assessment requirements at the beginning of each season. Therefore, physicals must carry all athletes through the conclusion of that sport’s season or they will not be accepted.

The following dates reflect CIAC’s seasonal limitations for the 2009-2010 school year.

FALL 2009:

Football: August 24, 2009 - December 5, 2009

All other Fall sports: August 29, 2009 – November 21, 2009

WINTER 2009-2010:

Girls Basketball and Cheerleading: November 23, 2009 – March 13, 2010

All other Winter sports: November 30, 2009 – March 20, 2010

SPRING 2010:

Baseball: March 15, 2010 – June 12, 2010

All other Spring sports: March 22, 2010 – June 12, 2010

This rule does not pertain to the State mandated required health assessment for sophomores to be eligible to return to school their junior year. Please contact Mrs. Pin or Mrs. Gorman with questions related to sophomore physicals.

IF YOUR STUDENT WISHES TO TRY-OUT FOR A TEAM...

1. Forms must be in the hands of Mrs. Gorman, the school nurse, by **Friday August 10, 2009 at 2:30pm.**
2. **NO STUDENT MAY TRY OUT WITHOUT ALL FOUR FORMS CLEARED AND ON FILE WITH MRS. GORMAN** (see forms listed above). After August 10th, 48 hours will be required for processing from the time of submission of forms before the athlete may actually participate.
3. **Physicals will be valid for 13 months from the exam date. Physicals WILL NOT be accepted if they expire during the season in which the athlete's sport is being played.**